

# CBC Rideletter



**April 2009**

CBC Meetings

Saturday March 28 Annual Meeting

Attendance – Jane & Paul Hinze, Anne Johnson, Don Lawrence, Sandy Anderson, Dave Kvernes, Diane Bauer, Hugh Gilbert, Lee Weidman, Barb Eichholz, Larry Saguto.

Treasures Report – Diane reported a balance of \$1414.83.

Business

- SWFR has been cancelled in favor of Tour de Shawnee
- Bike Illinois - this ride spends 2 night in Carbondale, bussing the riders to Cairo to ride back to Carbondale. Robert Layton, the tour director would like help greeting riders who will be arriving on Amtrak on July 9<sup>th</sup>. [bicycleillinois@bicycleillinois.com](mailto:bicycleillinois@bicycleillinois.com)
- Anne has been in contact with Miles Stoneman and Leanne Moore of the new Marion Bicycle Club about a joint ride and picnic.
- Carbondale Comprehensive Plan Committee – our comments regarding bicycling in Carbondale were sent in and Anne and Don attended the meeting held on March 26. Don said a lot of good ideas were discussed.
- SIU Student Center Craft Shop Bike Workshop – Dorcey Prosser and Anne attended the recent bike maintenance workshop. They will be sending out an agenda for future workshops soon. The next workshops are scheduled for April 11 and April 25 from 11-1 pm. There is a \$10 charge for non students.
- Train the Trainer – LIB will train adults to teach bike skills to children. Wednesday April 15 at the Carbondale Township Offices, use the back door. Anne and Sandy are planning on attending.
- LIB is looking for a new Web site manager. A modest salary is available.
- Election of Officers – the following Officers were voted in:
  - Anne Johnson – President
  - Sandy Anderson – Vice President
  - Diann Bauer – Treasurer
  - Jane Hinze – Secretary
  - Rusty Martin – Membership
  - Chuck Clemens – Web Master
- Thanks to Anne for all of hard work as President and Jane and Paul for hosting the meeting.

## CBC Meeting

Tuesday April 14, 2009

Attendance – Jane & Paul Hinze, Anne Johnson, Don Lawrence, Dave Kvernes, Chuck Clemens.

### Business

- Bike MS – Tour de Farms – June 13-14 DeKalb <http://www.bikems.org/>
- Peddlers Jamboree
  - 75 Miles on the Katy Trail May 23 & 24
  - Ride from Columbia to Boonville
  - About 25 miles
  - Music and Food at Kemper Park
  - Overnight baggage transported each way
  - <http://offtrackevents.com/peddlersjamboree.php>
- WIBs for sale
  - Something like a bib to keep you warm instead of a newspaper
- “3 Feet Please Jerseys”
  - Encourages cars to back off
  - [http://www.3feetplease.com/3\\_Feet\\_Please.html](http://www.3feetplease.com/3_Feet_Please.html)
- Declare Custom Cycling Jersey
  - \$35 sublimated custom cycling jersey
  - <http://declarecustom.com/>
- Tour de Art
  - Saturday April 25, 1-4 pm
  - Ride around SIU Campus and look at art
  - Meet at Faner Museum to get a Passport to be stamped at each artwork
  - Literature will be available on bike safety and rules of the road

### Next Meeting

- Next Meeting is Tuesday May 12, 2009  
5:30 at DiMaggio's for Dinner and Meeting  
You can bring your own adult beverage

### Weekly Rides

- Saturday Rides will leave Murdale at 9am weather permitting.
  - Jane plans to be there Saturday April 18<sup>th</sup>.
- Sunday Rides
  - Rusty will lead rides either from his house at 11 am if the weather is nice or on the spin bikes at the Rec Center in poor weather.
  - Sunday May 31  
Meet at downtown Murphysboro McDonalds at 1 pm  
Ride to Kincaid Lake Marina for snacks
- Tuesday – meet at Murdale parking lot in front of the Post Office for a 3 pm ride weather permitting

- Friday – 9 am weather permitting call Barb at 457-4369 for start information.

### Organized Rides

- Barb will reserve a Cabin in the State Park for the 2009 Harmonie Hundred the first weekend in May. The following riders will be sharing a cabin – Barb Eichholz, Don Lawrence, Dave Kvernes, Billy Porter, Larry, Pat West, Jane and Paul Hinze, Sandy Anderson.
- GITAP – is full, they are keeping a waiting list.
- Tour De Shawnee – October 24 – run by the Tourism group of the very southernmost counties in Southern Illinois – the Southern Illinois Delta Empowerment Zone – [www.sidez.org](http://www.sidez.org) Anne will help with routes if the ride comes to our area.

### News

- Student Center Special Programs and Center Events, Southern Illinois University-Carbondale

- [space@siu.edu](mailto:space@siu.edu)
- 618-453-7160

As part of the Student Center,s continuing commitment to being more ecologically friendly and encouraging healthier lifestyles, we are proud to announce the opening of Saluki Spokes. This 2008 Student Affairs Innovation Award winning service has, as of Saturday, March 21, already held a successful basic bike repair workshop. The highly anticipated new service will provide a variety of items such as bike locks to loan during time on campus, as well as wrenches, screwdrivers, and oil for basic bike repairs and adjustments. Saluki Spokes will also have items including Fix-a-Flat kits for purchase in case of an unfortunate run in with a screw or nail on the ride to class or work. In order to increase convenience and accessibility to these tools, there will be two Saluki Spokes locations: the Craft Shop in the Lower Level of the Student Center and the Student Recreation Center. All repair workshops will be held at the Student Center location.

While Saluki Spokes is not a bike repair shop, both the staff at the Student Center and the Student Recreation Center are dedicated to providing the recreational cyclist, the student, the staff member, or the campus visitor with the help needed to repair their bike while here on campus. A valid Dawg Tag or Driver,s License will be required to borrow tools, locks, etc.

Please note that although the tools are located in the building, bikes must remain outside the Student Center at all times. The hours of operation for Saluki Spokes mirror the daily hours of operation for the Craft Shop posted on the website.

Students in Professor Aaron Scott,s Art and Design 327 class were challenged to create a graphic design for Saluki Spokes as a class project.

Please pass this along to anyone and everyone you know who be able to take advantage of this service.

Also, please check our website in the coming days for more information about our Earth Day event.

## More Rides

- **5<sup>th</sup> Annual Beautiful Southern Ride**

- The Beautiful Southern Ride is a fund-raising event to meet the [Gates Foundation](#) and [Google Foundation](#) challenge grants to Rotary for the eradication of polio.
- The ride is sponsored by the Rotary Club of Carbondale-Breakfast and the Carbondale Bicycle Club
- Choose from a 15-mile family ride, a mid-length 30-mile ride, or 62 miles.
- Entry fee: \$15 per person or \$40 for 3 or more riders from the same household.
- All rides start and end at the Carbondale Middle School.
- Registration is from 7-9 a.m. Sags end at 4 p.m.
- The routes are marked and cue sheets will be provided.
- The 30 mile and 62 mile rides will have rest stops with snacks, water, and Gatorade.
- All routes will be sagged.
- <http://carbondalebreakfastrotary.org/bikeride.html>

- **Superman Bike Ride**

- Saturday June 13, 2009
- Metropolis Illinois, Fort Massac State Park
- \$20 before May 30, \$25 after
- T-Shirts guaranteed for pre registered riders only
- For more information, call 800-949-5740

- **Tour De Shawnee**

- Saturday, October 24, 2009
- Horseshoe Lake Community Center, Olive Branch IL
- Registration 7 am – 9 am
- \$25 by Sept 20, \$30 after
- T-Shirt included
- 9 am start
- Routes mileages are 100, 62, 30, and 15
- <http://www.sidez.org/tour.php>

- **Events at Cyclemyway.com**

- cyclemyway.com offers a wide posting of events through-out the Great Lakes States
- Along with events, we also provide listings of different cycling clubs and stores in the Great Lake States
- <http://www.cyclemyway.com/>

- **Study Circle April 14 Bicycle Meeting**

- NEXT MEETING - Tuesday, May 5 at 5:30 pm in the Adolescent Health Center (Wall Street between the 13's)
- New folks asked about the goals of this group. In addition to "To make biking safer and easier in Carbondale and beyond - by increasing awareness of rules of the road and of bicycles-as-vehicles; by suggesting changes to the City (signage, lanes/markings)" was added -- to get more people riding bikes. The Bike Auction (May 2) was seen as a way to encourage this and Ted offered to advertise the auction on Facebook.
- Sarah reported on her conversation with Sean Henry, manager of Maintenance and Environmental Services. He reported that all streets that are wide enough to have bike lanes are already marked. The lanes under the underpass and on other new construction are not part of a future plan; they are put in "just in case" - it's simply "an engineering practice". Pleasant Hill Road was a county project - bike lanes may have been forfeited to fit in curbs and gutters. As for signage, if a sign has been knocked down, or if lane stripes are fading, let his office know and they can add the request to the queue. Otherwise, there are obstacles to getting new signs up.
- Left out of report on Maintenance and Environmental Services: Sean Henry also said that street sweeping has been cut back completely. It is not in the budget for next year (topic of City Council meeting this Tuesday, April 21). If you see a place that requires attention, call and let them know the exact location - 549 5302 x 275. A fallback number is the Citizen's Assistant (City Manager's office) at extension 236.
- Bikeways Map: WE NEED FOUR VOLUNTEERS to take 1/4 of the bikeways map and ride the routes. Check for signs and alternative routes to add to the map. Consider 13 and 51 the dividing lines. Get a map (available at City Hall) and let me know which quadrant you will take. Report at next meeting?
- Wednesday April 15 LIB-certified instructor Donnie Miller, who actually wrote the book on it, taught us how to work a Bike Rodeo (teaching bike safety to kids). The safety education aspect was applicable to all bicyclists. If he comes again, try to attend - it was inspiring. -- I [Sarah] was struck by one comment he made: SIUC should not allow bicycles on the sidewalks with pedestrians. If they must share a "facility"

## Contact Us:

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Carbondale Bicycle Club

Website <http://members.tripod.com/~PCTT/cbc.htm>

## 2009 Ride Table

Harmonie Hundred	May 2 & 3	New Harmony IN	<a href="http://www.harmoniehundred.net">http://www.harmoniehundred.net</a>
Horsey Hundred	May 23-25	Lexington KY	<a href="http://www.bgcycling.net">http://www.bgcycling.net</a>
Beautiful Southern	May 16	Carbondale IL	<a href="http://carbondalebreakfastrotary.org/bikeride.html">http://carbondalebreakfastrotary.org/bikeride.html</a>
Superman Ride	June 13	Metropolis IL	<a href="http://www.metropolistourism.com/content/view/94/113/">http://www.metropolistourism.com/content/view/94/113/</a>
GITAP	June 14-20	Northern Illinois	<a href="http://www.bikelib.org/gitap/2009/index.htm">http://www.bikelib.org/gitap/2009/index.htm</a>
POWWOW	June 14-19	Wisconsin	<a href="http://www.wisconsinbicycletours.com/">http://www.wisconsinbicycletours.com/</a>
GRABAAWR	June 20-27	Wisconsin	<a href="http://www.bikewisconsin.com/Grabaawr/index.html">http://www.bikewisconsin.com/Grabaawr/index.html</a>
TRIRI	June 20-27	SW Indiana	<a href="http://www.triri.org/triri.htm">http://www.triri.org/triri.htm</a>
Tour de Corn	June 27	East Prairie MO	<a href="http://www.tourdecorn.com/">http://www.tourdecorn.com/</a>
Kiwanis Fun Day	Aug 22	Mt. Vernon IL	<a href="http://www.fundaybikeride.com/">http://www.fundaybikeride.com/</a>
MTR	Sept 4-7	MN	<a href="http://rahrahochester.com/events/2009_MTR_Rally/index.aspx">http://rahrahochester.com/events/2009_MTR_Rally/index.aspx</a>
TRIRI SE	Sept 13-18	Indiana Parks	<a href="http://www.triri.org/se.html">http://www.triri.org/se.html</a>
Misaligned Minds	Sept 19	Paducah, KY	<a href="http://www.bikeworldky.com/events.htm">http://www.bikeworldky.com/events.htm</a>
Southern Spokes	Sept 19	Rend Lake Dam West	<a href="http://www.soill.org/events.php?EventsID=1439">http://www.soill.org/events.php?EventsID=1439</a> 7 am - Call (618) 457-2969 to preregister
Amish Bike Tour	Sept 19	Arthur, IL	<a href="http://www.decaturbicycleclub.org/arthur.html">http://www.decaturbicycleclub.org/arthur.html</a>
Tour de Hope	Sept 26	Marion IL	<a href="http://www.hohtourdehope.com/">http://www.hohtourdehope.com/</a>
Tour de Cape	Oct 3	Cape Girardeau, MO	<a href="http://tourdecape.com/">http://tourdecape.com/</a>
Pedaling for Cure	Oct	Paducah, KY	<a href="http://www.bikeworldky.com/events.htm">http://www.bikeworldky.com/events.htm</a>
Tour de Shawnee	Oct 24	Olive Branch IL	<a href="http://www.sidez.org/tour.php">http://www.sidez.org/tour.php</a>
Hilly Hundred	Oct 23-25	Ellettsville, IN	<a href="http://www.hillyhundred.org/">http://www.hillyhundred.org/</a>

# CARBONDALE BICYCLE CLUB MEMBERSHIP FORM & RELEASE

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Email \_\_\_\_\_

Home Address: \_\_\_\_\_

In consideration of, and as an inducement to, the CARBONDALE BICYCLE CLUB permitting me to participate in their rides, I hereby certify and represent the following:

1. I realize bicycling is a dangerous sport, which can occasionally result in harm or death to its participants.
2. Furthermore I understand the rides will be carried out primarily on public roads without special traffic control.
3. I am fully aware of any and all danger inherent to bicycling and willingly assume all risk and responsibilities of participation in this ride.
4. In signing this release for myself, or for the named entrant (when the entrant is under 18 years old), I understand the intent of this release and agree to waive to the fullest extent permitted by law any and all claims I may have against the CARBONDALE BICYCLE CLUB, its members, officers, directors, committees, and/or agents arising out of or in any way connected with such participation.
5. I furthermore certify that the entrant and his or her equipment are physically prepared for this event, and the entrant will exercise due caution, obey all traffic laws and wear a helmet at all while bicycling.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND WAIVER OF CLAIMS AND SIGN IT OF MY OWN FREE WILL.

DATE: \_\_\_\_\_ Signature \_\_\_\_\_

Send Completed membership form and release, along with the membership fee of \$10.00 single, \$20.00 family to: Diann Bauer, 515 N Helen, Carbondale, IL 62901