

CBC Rideletter



January 2009

Volume 11: Issue 1

CBC Minutes January 13, 2009

Attendance – Jane & Paul Hinze, Anne Johnson, Chuck Clemens, Don Lawrence, Sandy Anderson.

Treasurer's Report

- Dues are due for 2009, they can be sent to Dian Bauer or Anne Johnson.
- Our current balance is \$1201.83.

Study Circle

- Meetings will begin again in February.

SWFR

- Anne will give LIB and answer soon about whether we would host the Shawnee Weekend Forest Ride for Fall 2009, hopefully a date in September when we won't conflict with another ride.

Annual Meeting

- Saturday March 28
- Jane & Paul's house
 - 1500 Mary Nell Lane, Carbondale
- Ride 20-30 miles at 2 pm
- Eat Pizza at 4:30 pm
 - Bring desert or drinks to share
- Elect 2009 Officers
- RSVP to Anne Johnson – ajohnson@globaleyes.net

The next Meeting is **Tuesday February 10, 2008 5:30** at **DiMaggio's** for Dinner and Meeting

Meet adjourned 7:05 pm.



Dinner meeting at DiMaggio's Pizza – It was delicious!

Rides

- **Saturday** Rides will leave Murdale at 9am weather permitting.
- **Sunday** Rides
 - Sunday Rusty will lead rides either from his house at 11 am if the weather is nice or on the spin bikes at the Rec Center in poor weather.
- **Tuesday** – meet at Wilma's for a 2 pm ride weather permitting
- **Friday** – meet at Evergreen Terrace at 9 am weather permitting
- **Refuge Ride** – let Anne know if you would like to go on an impromptu ride through the refuge when weather and time permit
- Barb will reserve a Cabin in the State Park for the 2009 **Harmonie Hundred** the first weekend in May
- **GITAP** – June 14 – 21 2009 – Grand Illinois Trails and Parks ride with 2 nights stays
 - Anne, Jane and Paul are planning to ride
- Link to Midwest Bike Rides - <http://www.mikebentley.com/bike>

The craft shop in the student center has a new item, Basic Bike Repair, a 2 hour class. There are three different times available; Sat. March 21-- 10:30 to 12:30, Sat. April 11 -- 11:00-1:00 and Sat. April 25 -- 11 - 1. Cost is \$5 for students, \$10 for others. For info. call the craft shop at 618-453-3636 or 453-5209. The fee is due one week prior to the class time. See more on the website at <http://www.siustudentcenter.org>

A new bike club is forming in Marion. Their web site is: <http://www.rivertorivercycling.com>

Reports

Please send any reports of rides or other adventures to Jane at jhinze@siu.edu.

Book Report

By Jane Hinze

On “Hey Mom, Can I Ride My Bike Across America? Five Kids Meet Their Country” By John Seigel Boettner

This book is about five 12 and 13 year olds who were riding 4500 miles in 4 months from Washington D.C. back to their home in California with one of their middle school teachers and his wife. The book was copyrighted in 1990 and their ride took place during the summer of 1986. I had heard of the book many years ago and was interested in reading it, so when free copies were given away at the Hilly Hundred in October, I finally got my chance.

This isn't a book so much about their daily ride totals, or the sights seen along the way, but more about the people they met that made the journey memorable. When I rode across the country in 1991 the most outstanding part of our trip wasn't the scenic Teton Mountains, headwinds in Wyoming, or heat in Kansas, but that we came to count on the fact that anytime anything negative happened, such as a wallet left at a convenient store on the other side of the mountain we had just climbed over, but that something good always followed the bad thing that more than made up for it, the wallet was returned to us by the next driver coming our way before we had finished lunch at the restaurant where we discovered it missing.

If the kids didn't have a pre-arranged place to stay for the night, they would knock on the door of a church. We didn't have our usual city park in Charlotte N.C. so we hung around on a street corner with our loaded bikes until someone inevitably asked about our trip. Once we asked for advice on where to spend the night we were invited to a closed Bed and Breakfast, where we spent the evening drinking wine by the pool while the sun set over the Blue Ridge Mountains and a deer grazed at the edge of the lawn.

One of the kids had a lot of problems with a tire that needed major repairs until it could be replaced. Her tire problems reminded me of when I had a bubble develop on my back tire in Oregon, 3 days from the nearest bike shop. I was able to ride with the rear break released, but was worried it could blow at any time. That afternoon a local rider rode up and asked how things were going. When I told him I was looking for a new tire he took me home to his family, drove me 40 miles to the nearest bike shop (not on my planned route) took me out to dinner, and changed the tire. I spent a comfortable night on his couch and was on the road bright and early the next morning.

Reading this book was something of a trip down memory lane for me. The various adventures the group had brought back many great memories of my own trip. For anyone who hasn't ridden a long self supported ride I think it could inspire thoughts of going on one. If you would like to borrow my copy of the book, I'd be happy to lend it out – but I've given away my panniers, so you are on your own there. I think I'd like to try a B.O.B trailer next time.

Contact Us:

President	Anne Johnson	(618) 528-4552	ajohnson@globaleyes.net
Vice President	Sandy Anderson	(618) 893-4545	sanders@alliedaccess.net
Secretary	Jane Hinze	(618) 457-7719	jhinze@siu.edu
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Newsletter Editor	Jane Hinze	(618) 453-3127	jhinze@siu.edu

Carbondale Bicycle Club

Website <http://members.tripod.com/~PCTT/cbc.htm>

2009 Ride Table

Harmonie Hundred	May 2 & 3	New Harmony IN	http://www.harmoniehundred.net/index2.html
Horsey Hundred	May 23-25	Lexington KY	http://www.bgcycling.net
Beautiful Southern			
GITAP	June 14-20	Northern Illinois	http://www.bikelib.org/gitap/2009/index.htm
POWWOW	June	Wisconsin	http://www.wisconsinbicycletours.com/
GRABAAWR	June 20-27	Wisconsin	http://www.bikewisconsin.com/Grabaawr/index.html
TRIRI	June 20-27	SW Indiana	http://www.triri.org/triri.htm
Tour de Corn	June 27	East Prairie MO	http://www.tourdecorn.com/
Kiwanis Fun Day	Aug 15	Mt. Vernon IL	http://www.fundaybikeride.com/
MTR	Sept 4-7	MN	
Misaligned Minds	Sept 12	Paducah, KY	http://www.bikeworldky.com/events.htm
Amish Bike Tour	Sept	Arthur, IL	http://www.decaturbicycleclub.org/arthur.html
TRIRI SE	Sept	Indiana Parks	http://www.triri.org/se.html
Southern Spokes	Sept	Rend Lake Dam West	7 am - Call (618) 457-2969 to preregister
Amish Bike Tour	Sept	Arthur, IL	http://www.decaturbicycleclub.org/arthur.html
TRIRI SE	Sept	Indiana Parks	http://www.triri.org/se.html
Tour de Hope	Sept 26	Marion IL	http://www.hohtourdehope.com/
Tour de Cape	Oct	Cape Girardeau, MO	http://tourdecape.com/
Pedaling for Cure	Oct	Paducah, KY	http://www.bikeworldky.com/events.htm
Hilly Hundred	Oct	Ellettsville, IN	http://www.hillyhundred.org/

CARBONDALE BICYCLE CLUB MEMBERSHIP FORM & RELEASE

Name: _____ Home Phone: _____

Work Phone: _____ Email _____

Home Address: _____

In consideration of, and as an inducement to, the CARBONDALE BICYCLE CLUB permitting me to participate in their rides, I hereby certify and represent the following:

1. I realize bicycling is a dangerous sport, which can occasionally result in harm or death to its participants.
2. Furthermore I understand the rides will be carried out primarily on public roads without special traffic control.
3. I am fully aware of any and all danger inherent to bicycling and willingly assume all risk and responsibilities of participation in this ride.
4. In signing this release for myself, or for the named entrant (when the entrant is under 18 years old), I understand the intent of this release and agree to waive to the fullest extent permitted by law any and all claims I may have against the CARBONDALE BICYCLE CLUB, its members, officers, directors, committees, and/or agents arising out of or in any way connected with such participation.
5. I furthermore certify that the entrant and his or her equipment are physically prepared for this event, and the entrant will exercise due caution, obey all traffic laws and wear a helmet at all while bicycling.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND WAIVER OF CLAIMS AND SIGN IT OF MY OWN FREE WILL.

DATE: _____ Signature _____

Send Completed membership form and release, along with the membership fee of \$10.00 single, \$20.00 family to: Diann Bauer, 515 N Helen, Carbondale, IL 62901