

CBC Rideletter



June 2009

CBC Meeting

Tuesday June 9. 2009

Attendance – Jane & Paul Hinze, Anne Johnson, Dave Kvernes, Sandy Anderson.

Treasures Report – No Report

Business

- Bike Rodeo
 - Boys and Girls club would like to host a Bike Rodeo
 - Need cones
 - Volunteers

Local Bike Rides

- Saturday Rides will leave Murdale at 8 am weather permitting.
- Tour de Corn – Saturday June 27th

- **Sunday Rides**
 - Rusty will lead rides either from his house at 11 am if the weather is nice or on the spin bikes at the Rec Center in poor weather.
 - Sunday July 4th Barbs Fed Acres Ride

- All members and their families are invited to the Annual 4th of July ride and picnic on Saturday July 4th at the strip pits (Fed Acres).
 - Leave at 10 am for a 20 mile loop
 - Plan to eat at 12:30
 - Sandwich fixing will be provided
 - Please bring a dish to share
 - Bring your swimsuit and lawn chair
 - Directions
 - Follow Route 13 East 4 miles past Marion
 - Turn left at the stop lights onto Pittsburg Road
 - Go 1.5 miles
 - Turn right onto the dirt road to the picnic area
 - If you want to camp the night before, give Barb a call at 457-4369
- Sunday July 19th Lake Route
 - Start at Giant City School
 - 9 am start call 528-4552 if you plan to ride
- **Tuesday**
 - Meet at Westtown parking lot in front of the Post Office for a 4 pm ride, weather permitting
 - Call Barb for more info-457-4369
 - **Friday**
 - 9 am weather permitting call Barb at 457-4369 for start information.
 - Start from the south end of the Arena Parking lot

Organized Rides

- **SuperTrek** - Metropolis IL – Saturday June 13th.
 - <http://www.bikeworldky.com/events.htm>
 - Chuck, Sandy, Hugh and David are planning on attending.
- **Tour De Corn – East Prairie Mo – Saturday June 27th**
 - <http://www.tourdecorn.com/>
 - Chuck, Sandy, Hugh, David and Jane are planning on attending.

- **Tour De Shawnee** – October 24 – run by the Tourism group of the very southernmost counties in Southern Illinois – the Southern Illinois Delta Empowerment Zone – www.sidez.org
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- **Next Meeting**
 - Next meeting is Tuesday July 14, 2009
 - 5:30 at DiMaggio's for Dinner and Meeting
 - You can bring your own adult beverage

Meet adjourned 6:53

Regular Weekly Rides Local Rides:

Every **Saturday** weather permitting we meet at the Murdale Shopping Center parking lot in front of Cristaudo's restaurant for a flat 15-mile ride to the airport and back. Additional mileage or alternative destinations may be added at the discretion of those who show up. This ride starts **at 8 AM**.

Tuesday rides when nice weather—Ride organized by Sandy from the Westtown Post Office. It varies sometimes in start time but currently it is 4 pm. or call Sandy (618-893-4545) to make sure, destination usually the airport. Call Sandy or Barb (618) 457-4369 if interested in this ride, which is slower than the faster ride on Saturday to the airport.

Friday morning rides, weather permitting—Barb Eichholz, Dave Kvernes and sometimes Sandy ride from the South End of the Arena parking lot at 9 A.M. These **are not** intense, hard rides and vary in distance according to the wishes of those who show up. Give Barb a call if interested. (618) 457-4369.

Ride Reports

Bottoms Up – Sandy, Anne, Al, and Chuck rode to the Bottoms Up in Neunert on Sunday, May 31. They had a tour of the antique barn after lunch. They weren't serving their delicious BBQ sandwich's but they did have a very good 6 cheese grilled cheese sandwich.

June 21-17 The Twenty-seventh Annual PALM ride (Pedal Across Lower Michigan)

Begins in New Buffalo in the southwest corner of Michigan and crosses the state to Monroe. Daily distances range from 30 to 60 miles. This is a perfect ride for novice or intermediate touring riders or families.

The routes are along rural back roads, which pass scenic and historical areas. The cost is \$110. Meals are not included but local groups will have breakfast and dinner options available in places where local restaurants are not available. Lunches are the rider's responsibility. For more information go to: <http://www.lmg.org/palm> or call (734) 669-0172.

Jane and Paul Hinze have done this ride several times. Contact them for more information. jhinze@siu.edu or call Jane at 453-3127.

June 21-28 GRABAAWR (grah-bar) Great Annual Bicycle Adventure Along the Wisconsin River

This is a 7 day tour which starts near the upper Michigan border and ends at Prairie du Chien .

Daily distances range from 55 to 84 miles. For more information go to <http://www.bikewisconsin.com> or email info@bikewisconsin.com

Contact Us:

President	Anne Johnson	(618) 528-4552	ajohnson@globaleyes.net
Vice President	Sandy Anderson	(618) 893-4545	sanders@alliedaccess.net
Secretary	Jane Hinze	(618) 457-7719	jhinze@siu.edu
Treasurer	Diann Bauer	(618) 351-1626	dsbauer@verizon.net
Webmaster	Chuck Clemens	(618) 985-2209	eo11@siu.edu
Membership	Rusty Martin	(618) 457-5404	rhmartin@mchsi.com
Newsletter Editor	Don Lawrence	(618) 457-8989	jhinze@siu.edu

2008 Ride Table

SuperTrek	June 14	Metropolis, IL	http://www.bikeworldky.com/events.htm
GITAP	June 15-21	Northern IL Parks	http://www.bikelib.org/gitap/2008/index.htm
PAW River	June 15-21	Wisconsin	http://www.pedalacrosswisconsin.com/river
POWWOW Fox	June 15-20	Wisconsin	http://www.wisconsinbicycletours.com/

PALM	June 21-27	Lower Michigan	http://www.lmb.org/palm
GRABAAWR	June 21-28	Wisconsin	http://www.bikewisconsin.org/Grabaawr/index.html
TRIRI	June 22-28	Indiana Parks	http://www.pedalacrosswisconsin.com/#heart
Tour De Corn	June 28	East Prairie, MO	http://www.tourdecorn.com/
Bike Northwoods	July 5-11	Wisconsin	http://www.bikewisconsin.org/BNT/index.html
MUP	July 20-26	Michigan UP	http://www.LMB.org/pages/Events/ShorelinePages/mup.htm
SAGBRAW	July 27-Aug 2	Wisconsin	http://www.bikewisconsin.org/Sagbraw/index.html
SBT West	Aug 3-9	Western Michigan	http://www.LMB.org/pages/Events/ShorelinePages/west.htm
PAW Heart	Aug 3-9	Wisconsin	http://www.pedalacrosswisconsin.com/#heart
POWWOW KM	Aug 3-9	Wisconsin	http://www.wisconsinbicycletours.com/kettlemoraine.php
Kiwanis Fun Day	Aug 22	Mt. Vernon, IL	http://www.fundaybikeride.com/Apt2009.pdf
MTR	Springfield, IL	Aug 29-Sept 1	http://mtr2008.home.mchsi.com/main.htm
IL Great Rivers	Sept 7-13	Southern Illinois	http://www.illinoisgreatriversride.com/index.htm
Misaligned Minds	Sept 13	Paducah, KY	http://www.bikeworldky.com/events.htm
Amish Bike Tour	Sept 13	Arthur, IL	http://www.decaturbicycleclub.org/arthur.html
SWFR	Sept	Carbondale, IL	http://bikelib.org/swfr/index.htm
TRIRI SE	Sept 14-19	Indiana Parks	http://www.triri.org/se.html
Southern Spokes	Sept 26	Rend Lake	http://www.soill.org/downloadfile.php?docID=1513
Tour de Hope	Sept 26	Marion IL	http://www.hohtourdehope.com/
Tour de Cape	Oct 3	Cape Girardeau, MO	http://tourdecape.com/default.htm
Pedaling for Cure	Oct	Paducah, KY	http://www.bikeworldky.com/events.htm
Hilly Hundred	Oct 17-19	Ellettsville, IN	http://www.hillyhundred.org/

CARBONDALE BICYCLE CLUB MEMBERSHIP FORM & RELEASE

Name: _____ Home Phone: _____

Work Phone: _____ Email _____

Home Address: _____

In consideration of, and as an inducement to, the CARBONDALE BICYCLE CLUB permitting me to participate in their rides, I hereby certify and represent the following:

1. I realize bicycling is a dangerous sport, which can occasionally result in harm or death to its participants.
2. Furthermore I understand the rides will be carried out primarily on public roads without special traffic control.
3. I am fully aware of any and all danger inherent to bicycling and willingly assume all risk and responsibilities of participation in this ride.
4. In signing this release for myself, or for the named entrant (when the entrant is under 18 years old), I understand the intent of this release and agree to waive to the fullest extent permitted by law any and all claims I may have against the CARBONDALE BICYCLE CLUB, its members, officers, directors, committees, and/or agents arising out of or in any way connected with such participation.
5. I furthermore certify that the entrant and his or her equipment are physically prepared for this event, and the entrant will exercise due caution, obey all traffic laws and wear a helmet at all while bicycling.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND WAIVER OF CLAIMS AND SIGN IT OF MY OWN FREE WILL.

DATE: _____ Signature _____

Send Completed membership form and release, along with the membership fee of \$10.00 single, \$20.00 family to: Diann Bauer, 515 N Helen, Carbondale, IL 62901